

But for IAW to achieve its goal, further financial resources are needed. Unfortunately, the current resources are far from sufficient.

With your donation you contribute to the success!

Postfinance:

Account: 91-824969-4 Grub AR

Alliance Internationale des Femmes

IBAN : CH96 0900 0000 9182 4969 4

Intended use: "Water and Pads Project"

Online bank transfer:

www.womenalliance.org under

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- Donations to the following project: "Water and Pads"

**IAW and the school-girls
thank you for your support!**

**More information on this topic at
www.womenalliance.org**

**and at the special website
www.iawwaterandpads.com**



**INTERNATIONAL ALLIANCE OF WOMEN
ALLIANCE INTERNATIONALE DES FEMMES**

**Water and Pads for School-Girls
Empowerment for Life!**

The monthly cycle belongs to the life of women all over the globe. For women in affluent countries it is a commonplace recurrent fact. But in remote rural areas of countries in Africa and Asia the periodic bleeding is subject to shame and taboos. This can have dire consequences for school-girls. They lack any knowledge of sexual and reproductive health. Sanitary pads are almost unavailable. To avoid being mobbed many schoolgirls hide at home during their period using dirty rags. Absence from classes amount to 5 days per month consequently they have to abandon school prematurely.

These adolescents are particularly at risk of sexual violence, undesired pregnancies and forced marriage. Not surprisingly UNICEF, UNESCO and the World Health Organization are alarmed by the blatant discrimination of girls hampering the development of their personality.

IAW research confirmed the fact that these rural schools lack everything:

- long daily walks because of lack of public transportation
- bad conditions of the roads
- difficult access to water, at the most a cistern or a borehole
- no decent toilets and handwash basins.



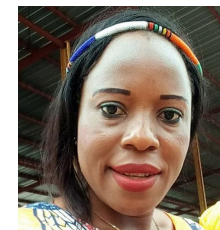
At exactly this point the IAW Project “Water and Pads for Schoolgirls” intervenes with the aim to provide a basic knowledge of sexual and reproductive health to schoolgirls in these rural areas. The seven IAW member-organisations in Cameroon, DR Congo, Pakistan, Zimbabwe and Zambia know very well the problematic circumstances in their region and are utterly grateful for any assistance.



Anuarite Siirewabo
DR Congo



Ruhi Sayid
Pakistan



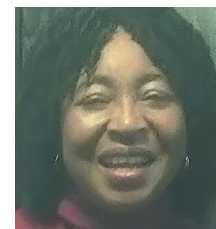
Anne Pelagie
Cameroon



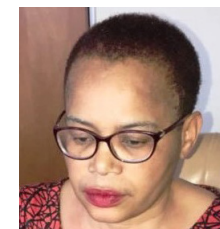
Edah Gondwe
Zambia



Sab Julliet
Cameroon



Rebecca Juga
Cameroon



Rita Marque
Zimbabwe

In the schools they selected they contacted the teaching personnel and clarified the local needs. Their urgent wish is to get age-adapted suitable teaching material on menstrual hygiene and health education. Concretely this means simple printed brochures, e.g. from UNICEF Malawi (English) and UNICEF Burkina Faso (French).

